



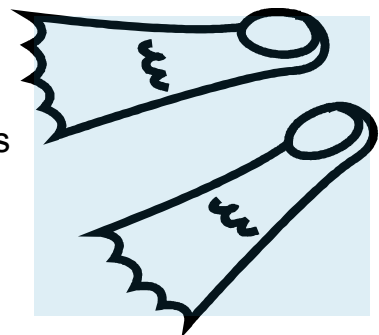
Sturdy Memorial Hospital Physical Therapy Department Aquatic Physical Therapy Program

The Physical Therapy Department at Sturdy Memorial Hospital offers Aquatic Physical Therapy at the Attleboro YMCA Texins Activity Center's pool with a licensed Physical Therapist or Physical Therapist Assistant. Aquatic treatment sessions are scheduled on Tuesdays and Thursdays 1 – 4 p.m.

Participation in the Aquatic Physical Therapy Program will require a referral from a physician or nurse practitioner and therapy evaluation at the Outpatient Physical Therapy Clinic at Sturdy Memorial Hospital. Patients/clients determined to be appropriate candidates for the Aquatic Physical Therapy Program will then be scheduled for aquatic treatment sessions.

Patients/clients who may benefit from Aquatic Physical Therapy include those with:

- Low back pain who had little or no benefit from land based treatments
- Neck pain
- Rheumatoid arthritis
- Osteoporosis
- Osteoarthritis
- Fibromyalgia or other Myofascial Pain Syndromes
- Joint Hypermobility disorders
- Total joint replacements
- Shoulder Impingement/Rotator Cuff Tendonitis
- Pregnancy related pain syndromes



For more information or to schedule an appointment, please call the Physical Therapy Department at 508/236-7380.