

A unique, individualized service

*The Multiple Sclerosis (MS) Center
at Sturdy Memorial Hospital
was established in 1995.*

*Our purpose is to provide specialized and
coordinated care and services
to people with MS.*

*Our goals are to minimize the
impact of the disease process and
to support our patients and their families
through the illness experience
by maximizing each person's
physical and emotional well-being.*

*The MS Center utilizes a
multidisciplinary team approach
to optimally address the
complex needs of people with MS.*



Directions

From the Boston Area: Route 95 south to Exit 5 (North Attleboro). Left and follow to lights on North Main Street (Route 152). Right on North Main and follow to traffic light/Park Street. Left onto Park Street (Route 118). Straight on Park to HOSPITAL.

From the Providence Area: Route 95 north to Exit 3 (Attleboro). Right to South Avenue (Route 123). Left at second lights onto County Street (Route 123). Follow County to Park Street (Route 118). Straight on Park to HOSPITAL.

From Interstate 295: Follow Route 295 north to Route 95 south to Exit 3 (Attleboro). Follow Providence area directions above.

Additional directions are available by calling **508-236-8858**.

Valet Parking

Sturdy offers convenient, **FREE** valet service at its Emergency Care Center (ECC) entrance. Uniformed attendants welcome patients and visitors at the ECC entrance, drive them to the entrance closest to their appointment, park their vehicles, and retrieve their vehicles when ready to leave. The service is available Monday through Friday, 8am – 4pm.

the Multiple Sclerosis Center AT STURDY MEMORIAL HOSPITAL

 211 Park Street, P.O. Box 2963
Attleboro, MA 02703 - 0963
www.sturdymemorial.org

3/16 Qty. 500



the Multiple Sclerosis Center

AT STURDY MEMORIAL HOSPITAL

PROVIDING
SPECIALIZED AND
COORDINATED CARE
TO PEOPLE WITH
MULTIPLE SCLEROSIS

Your visit: what to expect

INITIAL VISIT

Your initial visit to the MS Center will take 2-3 hours. Upon arrival, you will check in at the front desk at the Center and wait momentarily in a spacious, comfortable waiting area with resources and reading materials about MS. During the first visit, you will have an individual appointment with one of our neurologists. Each member of the team will perform an evaluation and make recommendations for dealing with MS related problems you may be experiencing.

TEAM APPROACH

Our multidisciplinary team of neurologists, physical therapists, certified nurses, social workers, and others works together to deliver specialized and coordinated care and services to people with MS. We also require all patients at the Center to have a primary care physician. We understand that many people with MS would like to continue under the care of their current neurologists while attending the MS Center. This is possible. Regular reports can be sent to your neurologist and your primary care physician to keep them informed of your progress.

Communication is key to our team approach, and you are an important part of the team. Your feelings and opinions will be part of the information that is considered when developing your plan of care. Family members and loved ones are welcomed and encouraged to visit the Center with you to provide support.

INSURANCE

MS Center services are covered by most insurance plans. However, we advise you to obtain a referral or authorization from your insurer before coming to the Center.

PLAN OF CARE

At the end of each session, the multidisciplinary team meets and discusses findings that will develop your personalized care plan. Treatments may involve:

- Medical management of MS and related symptoms
- Management of Medtronic pump for pain and spasticity
- BOTOX® for migraine headaches and spasticity
- Infusion therapy including intravenous steroids and TYSABRI®
- Physician, nursing, physical therapy (PT), occupational therapy (OT), social services, and speech/language assessments
- Individual PT exercise programs and referrals for outpatient PT

Treatment goals are to minimize the impact of the disease while maximizing each person's physical and emotional well-being.

FREQUENCY OF VISITS

How often you come to the MS Center will vary according to your individual needs. If your disease is stable, you may need to visit only once or twice a year. More frequent visits may be necessary if there are changes in your status or if you experience specific problems that need attention. On subsequent visits, you may only need to see the team member who can meet your needs at that time.

CONTACT US

To schedule an appointment at the MS Center, or to learn more about MS treatments and services, please call the MS Center at **508-236-7170**.



The Multiple Sclerosis Center Physicians

Tarun Singhal, MD

A Physician of Brigham and Women's
Department of Neurology
*Board-Certified Neurologist and
Medical Director of the MS Center*

Ranbir Dhillon, MD

Neurologist

The Multiple Sclerosis Center

AT STURDY MEMORIAL HOSPITAL



211 Park Street, P.O. Box 2963
Attleboro, MA 02703 - 0963
www.sturdymemorial.org

508-236-7170

*The MS Center is closed on Fridays.
Please leave non-urgent messages only on 508-236-7170.*